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Subject: Re: Experimenting In The Kitchen

Posted by [gofar99](#) on Fri, 26 Apr 2013 02:13:55 GMT

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Hi A good tip is to use the prepackaged marinades in the crock pot. Several brands from barbeque to mojo lime. Just mix it up and chuck in the meat. I use chicken parts, pork roasts, beef and pork ribs and beef roasts. Allow about 2/3 pound per person and cook on low all day.

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