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Subject: Deafness and Rock and Roll

Posted by [The Mother](#) on Tue, 23 Apr 2013 12:32:01 GMT

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It turns out that I should have listened to my mother, who frequently yelled, "Cut the music down before you make yourself deaf!" I'm far from completely deaf, and it's been more than a few years, but she was at least partially right. I have constant, fairly loud ringing in my ears and what the ENT calls "significant" hearing loss. The doctor agrees with mother, that loud music over several years could have laid the foundation for later hearing diminishment. Any one else out there from the "If the music's too loud, you're too old." generation?

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