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Subject: Weird Effects of Sound

Posted by [Chicken](#) on Thu, 18 Apr 2013 11:13:38 GMT

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During the meditation portion of my yoga class, my teacher often rings a very high pitched bell. Whenever I hear the bell and then the shimmering harmonics, I tend to feel slight cold chills. I have no idea why, but it's bizarre.

What sounds have strange effects on you?

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