
Subject: Re: Soldering with Shaky Hands
Posted by [mixinlady](#) on Sat, 12 May 2012 14:48:22 GMT
[View Forum Message](#) <> [Reply to Message](#)

It sounds like you should practice steadying your hands first doing less dangerous/crucial activities. Using some of those hand grip exercisers could help to strengthen your mitts and perhaps train you to be less shaky.
