Subject: Re: Health exams Posted by Aki on Wed, 16 Nov 2011 18:13:16 GMT View Forum Message <> Reply to Message

I've had the test done both with fasting and without. Numbers seem to get worse without fasting. I even had coffee too.

Seems to make sense, since my independent research shows my cholesterol level varies directly in relation to the amount of microbrew ale and pub food I ingest.