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Subject: Re: R11/R13 Fiberglass Insulation and Environmental Health  
Posted by [Wayne Parham](#) on Wed, 10 Aug 2011 23:34:19 GMT

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I prefer R13, real fiberglass. It seems to work best.

You know, the speaker doesn't really push this stuff out the port. When the speaker is first used, some of the loose fibers break off but after a very brief time, it settles down and doesn't give off practically anything. Just run the speaker for a few hours in an unused room for "break-in time" if you're worried about it. After that, the speaker won't produce any fibers for you to be concerned about.

There's a lot more stuff in the air - mold spores, pollen, dust, microbes, pet dander, radon, dead skin, particulates, gases, etc. A microscopic amount of glass fiber is pretty benign compared to all the other stuff in the air.

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