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Subject: Re: An easy way to soundproof?

Posted by [tiktokontheclock](#) on Sun, 10 Apr 2011 23:55:16 GMT

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There really is no "easy" way. There is equipment out there that they will try to sell you. If you ask me, it doesn't work. The only way to soundproof a room is the old fashioned way. By that, I mean taking out the drywall and adding a lot of insulation. There is a thing called soundproofing mat you could put in also.

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