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Subject: Your best methods to reduce noise while trying to sleep?

Posted by [bengee](#) on Mon, 28 Feb 2011 01:34:33 GMT

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I'm asking because I've recently moved into a new place that is inconveniently-located near train tracks. Now, I'm sure I'll get used to it eventually, but my first few nights have been awful trying to get my sleep in before work in the morning.

Any suggestions besides flat-out moving? It was the cheapest place I could get. I'll move someplace else eventually, but until then, I'm stuck with train noises.

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