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Subject: Re: Music is amazing

Posted by [DrumRoll](#) on Sat, 20 Nov 2010 04:32:17 GMT

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I like the way music can calm me or energize me. My sons play soccer and prior to a game they will turn up their music to get their adrenaline flowing, which in effect readies their bodies for intense physical play. Music is quite profound in the power it can have.

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