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Subject: Re: Sound proofing a room

Posted by [Wayne Parham](#) on Fri, 28 May 2010 02:55:49 GMT

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Well, of course, the best treatments aren't cheap, and probably you wouldn't want to perform them unless you owned your home. But for something that is relatively inexpensive and provides real benefit, try using mover's blankets to absorb some of the sound.

Blocking Sound Out of a Room

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