

---

Subject: Re: Sound proofing a room

Posted by [Dizzy](#) on Thu, 13 May 2010 21:32:17 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Would a room that is sound proofed with the intention of not disturbing others also be sound proofed from sound coming into that room? Could you use this to make a quiet room?

---