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Subject: Re: Ear health

Posted by [Lancelot](#) on Fri, 05 Mar 2010 16:49:58 GMT

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Shane is right. I can personally testify that headphones can damage the ears. My left ear will hurt when it is subjected to prolong noise.

I have used earphones when I was in high school until college. I use it every time I go to bed. Now I'm suffering the consequences of leaving the earphone on my ear until I get to sleep.

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