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Subject: Re: I can't Believe This  
Posted by [Manualblock](#) on Thu, 22 Jun 2006 14:00:13 GMT  
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Thats because you take yourself too seriously. If you accept the fact that we are here only a short time and the only things of real importance are your health and the health of your family; then it gets easier. If we are constrained by arbitrary; self-imposed rules devised by religious or societal directives then we cant act in a truthfull manner. We become examples of someone elses agenda. Like handguns. We as people know they are bad; so as a reasonable person we surrender that priviledge in order to make people safer. Or instead we really like playing with them; so when we are asked to sacrifice that pleasure for the common good we get all riled up and crow about some ill-concieved, manufactured interpretation of our rights. Then hostility grows regarding those who ask for that sacrifice and BAM; high blood pressure and subliminated anger. Instead if we just admitt that the real reason we are against gun control is because we like to play with guns then we feel better and more comfortable with ourselves. This is just an example to illustrate what I mean. Not accepting the responsibility or the reality of a situation is bad for the heart and causes arterial sclerosis.

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