Subject: Re: Bicycle helments
Posted by Shane on Sat, 17 Jun 2006 03:03:00 GMT
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My kids are required (by me) to wear helmets when on a bicycle. I forget what the statistics are exactly, but it seems like the numbers were in the 90% range of bicycle head injuries that could be prevented by helmets. As an avid bicyclist through the years, last year I was putting in 20 miles a day plus twice that on a saturday, I would never go out without a skid lid (my kids are led by example). I've been forced off the road by semi's twice. Came clear over onto a 20 foot wide shoulder to purposely force me in the ditch. Let me tell you it's scary and hurts a bit when you bite it in the bar ditch! Most bicycle accidents don't involve vehicles, but just sheer handling accidents where you kinda just fall over But at 25mph on a bicycle it can still thump your noggin pretty good.