Subject: Re: T-nut spinning in place - what to do?
Posted by GraemeG on Tue, 30 Dec 2003 13:42:09 GMT
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If I am to assume from your question that you are trying to REMOVE the bolt, then an allen head bolt makes things a little easier.  Grip the bolt FIRMLY with pliers and pull outwards whilst turning the bolt - the barbs on the t-nut should stop it turning with the pressure on.Cheers