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Subject: Re: Internal Damping Material

Posted by [Bob Brines](#) on Tue, 19 Apr 2005 01:47:25 GMT

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I line all of my boxes with Armstrong #420. It is much easier to work with than batting or loose fill. I find that a single layer on the four walls eat anything above 500 Hz. It cuts with a knife, holds its shape and with a little 3M #77, it stays put. Of course, I work with pipes and BR's. Stuffing a sealed box is a whole 'nother thing. Bob

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